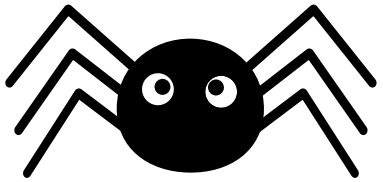


LEWIS COUTNY HEAD START

Family Together Calendar

October 2026



Sun	Mon	Tues	Wed	Thu	Fri	Sat
				1 Read a Fall book	**2** Have a fire drill	**3** Make oatmeal and sprinkle brown sugar on top. Yum!
4 Find 5 orange items in your home and name them.	**5** Turn the lights off and make shadows with falshlights.	**6** Draw a spider using black paper and white chalk	**7** Visit your local park an listen for birds.	**8** Sort laundry and fold socks together.	**9** Enjoy a cup of hot cocoa	**10** Make a scarecrow
11 Play dress-up	**12** Play “I spy” as you go for a nature walk.	**13** Schedule an outdoor family photo shoot.	**14** Find some maple leaves outside and then paint them.	**15** Find a star in an apple. Cut one horizontally	**16** Make your own trail mix.	**17** Board game night!
18 Carve pumpkins	**19** Toast the pumpkin seeds from our carved pupmkins.	**20** Count the number of letters in your family member’s names.	**21** Cuddles up in a homemade fort and watch movies.	**22** Make your favorite homemade soup.	**23** Play a game of football. Invite family and friends over.	**24** Make your own sensory table with a bucket, leaves, pine cones & corn kernels.
25 Visit an apple orchard or pumpkin.	**26** Make pumpkin gems!!! (receipe on back)	**27** Puzzle night	**28** Paint with corn cobs!	**29** Enjoy some family time in your community.	**30** Take a walk or a drive and admire the Fall decorations in your town.	**31** Rake leaves into a pile and then jump in them.

Pumpkin Gems



Ingredients:

- 1 package yellow cake mix (regular size)
- 1 can (15 ounces) solid-pack pumpkin
- 3 eggs
- ½ cup canola oil
- 2 teaspoons ground cinnamon
- 1 teaspoon bakin soda
- 1 to 2 cans (12 ounces each) whipped cream cheese frosting



Directions:

- In a large bowl, combine the cake mix, pumpkin, eggs, oil, cinnamon and baking sda; beat on low speed for 30 seconds. Beat on medium for 2 minutes.
- Fill paper-lined miniature muffin cups two-thirds full. Bake at 350 for 12-16 minuets or until a toothpick inserted in the center comes out clean. Cool for 5 minuets beofre removing from pans to wire racks to cool compleely. Frost cupcakes.

