



LEWIS COUNTY HEAD START

# Family Together Calendar October 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Rake leaves into a pile and then jump in them.	2 Read a Fall book.	3 Have a fire drill.	4 Play dress-up.	5 Make oatmeal and sprinkle brown sugar on top. Yum!
6 Find 5 orange items in your home and name them.	7 Turn the lights off and make shadows with flashlights.	8 Draw a spider using black paper and white chalk.	9 Visit your local park and listen for birds.	10 Sort laundry and fold socks together.	11 Enjoy a cup of hot cocoa.	12 Make a scarecrow.
13 Play "I spy" as you go for a nature walk.	14 Schedule an outdoor family photo shoot.	15 Find some maple leaves outside and then paint them! (example on back)	16 Find a star in an apple. Cut one horizontally.	17 Make your own trail mix.	18 Board game night!	19 Carve pumpkins.
20 Toast the pumpkin seeds from your carved pumpkins.	21 Count the number of letters in your family member's names.	22 Cuddle up in a homemade fort and watch movies.	23 Make your favorite homemade soup.	24 Play a game of football. Invite family and friends over.	25 Make your own sensory table with a bucket, leaves, pine cones & corn kernels.	26 Visit an apple orchard or pumpkin farm.
27 Make pumpkin gems!! (recipe on back)	28 Take a walk or drive and admire the Fall decorations in your town.	29 Puzzle night.	30 Paint with corn cobs!	31 Enjoy some family time in your community.		

# Pumpkin Gems

## Ingredients:

- 1 package yellow cake mix (regular size)
- 1 can (15 ounces) solid-pack pumpkin
- 3 eggs
- 1/2 cup canola oil
- 2 teaspoons ground cinnamon
- 1 teaspoon baking soda
- 1 to 2 cans (12 ounces each) whipped cream cheese frosting



## Directions:

- In a large bowl, combine the cake mix, pumpkin, eggs, oil, cinnamon and baking soda; beat on low speed for 30 seconds. Beat on medium for 2 minutes.
- Fill paper-lined miniature muffin cups two-thirds full. Bake at 350° for 12-16 minutes or until a toothpick inserted in the center comes out clean. Cool for 5 minutes before removing from pans to wire racks to cool completely. Frost cupcakes.

Sweater  
WEATHER