

LEWIS COUNTY HEAD START

DIRECTORY OF SERVICES

2023-2024

Children.....our most precious resource!



Amy Marti - Executive Director

Lewis County Head Start Office

7671 North State Street
Lowville, NY 13367

315-376-7531 Option 5

Fax: 315- 376-8302

<https://www.facebook.com/groups/670751201333684/>

Beaver Falls Center

9601 Mira Lane
Beaver Falls, NY 13305
315-376-7531 Option 4

Early Head Start Classroom

6819 McAlpine Street
Lyons Falls, NY 13368
315-376-7531 Option 3

Lowville Class 1

7673 North State Street
Lowville, NY 13367
315-376-7531 Option 2

Lowville Class 2

7671 North State Street
Lowville, NY 13367
315-376-7531 Ext. 1079

Lyons Falls Center

6819 McAlpine Street
Lyons Falls, NY 13368
315-376-7531 Option 3

BOCES Classroom

5836 State Rte. 12
Glenfield, NY 13343
315-755-6373

Directory Contact Person: Sally Black, Family Services Manager



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Training

ADULT EDUCATION/EMPLOYMENT AND TRAINING SERVICES

Jefferson Community College

315-786-2200

1220 Coffeen Street
Watertown, NY 13601

Jefferson-Lewis Board of Cooperative Education Services (BOCES)

Howard G. Sackett Technical Center – Adult Education

5836 State Route 12
Glenfield, NY 13343

315-377-7300

1-800-356-4356

Bohlen Technical Center – Adult Education

20104 State Route 3
Watertown, NY 13601
<http://www.boces.com>

315-377-7220

1-800-356-4356

Contact Persons: **Kathy Grenier, Teacher**

315-377-7315

Services: Free High School Equivalency Education (GED) Prep Classes. ESL (English as a Second Language), English Language and Civic Education. <http://bocesadulted.com>

Eligibility: Age 21 and older encouraged. Independent Study GED students must be at a reading and math level of 10th grade or above and work well on their own. An assessment test will be given during the intake appointment. Attendance at Orientation class required for everyone.

GED Orientation and Prep Courses: All participants must register for orientation through the website (adult web link/Lewis County/literacy education) and complete an orientation prior to attending classes. Lowville classes are available Wednesday's: 8:30-3:00 and Thursday's 9:00-12:00.

Lewis County Civil Service Commission

315-376-5349

7660 North State Street
Lowville, NY 13367

Fax: 315-376-5152

<http://lewiscountyny.org/content/Generic/View/6>

Contact Person: Lynn Wormwood, Civil Service Administrator

Services: Provides information and conducts examinations to fill positions within Lewis County government, school districts, towns and villages.

Eligibility: Resident of Lewis County unless otherwise stated

Fees: \$20.00 for Police Series; \$15.00 for All Others

Hours: Monday – Friday 8:30-4:30

Literacy of Northern NY

(Serving Jefferson and Lewis Counties)
7640 North State Street
Lowville, NY 13367

<http://www.proliteracynny.org/>

315- 376-8188

Fax: 315- 782-1394

(Physical Address Only)

Watertown Office
200 Washington Street Suite 303
Watertown, NY 13601-3335

(Mailing Address) **315-376-8188**

(Rings into Watertown Office)

Contact Persons: Cecilia Brock, Executive Director
Deborah Tate, Program Manager

Eligibility: An adult or late teen (minimum of 16 years old) out of high school with a desire to improve reading and writing skills or learn English. English for Speakers of Other Languages.

Services: A free, confidential service to help adults learn to read, write or speak English better. It is done in a one-on-one setting. Also, collect children's books to give away during the holidays.

Hours: Call between 8:00-4:00 or leave a message
Watertown Office Monday – Friday 8:00-4:00

Manpower Temporary Services

414-312-5144

250 Harrison Street Suite 501
Syracuse, NY 13202

Services: Employment services agency. Staffing service in employment; temporary or permanent positions in industrial, office and technical. These positions could lead to permanent employment for anyone 18 years and older.

Hours: Monday – Friday 7:00-7:00

NYS Small Business Development Center

315-782-9262

Jefferson Community College
1220 Coffeen Street
Watertown, NY 13601
<http://watertown.nyssbdc.org>
E-mail: sbdc@sunyjefferson.edu

**The WorkPlace: Lewis County's One-Stop for
Employment & Training**

315-376-5800

5274 Outer Stowe Street, PO Box 193
Lowville, NY 13367

Contact Person: Lisa Hetzner, Staff and Workforce Development
Coordinator

Services: A wide range of resources and services at a one-stop career center, including job leads and referrals, labor market information, job search assistance, career counseling and planning, skills and aptitude testing; vocational training; employment related workshops, on the job training programs, follow-up/employment services, résumé preparation, computer-aided instructional job search.

One Stop Partners:

Lewis County Employment & Training: Adult On-the-Job and Classroom Training Programs; Youth Employment Services-Youth on the job training and classroom training.

New York State Department of Labor: Job development, placement and referrals

ACCES-VR (Adult Career and Continuing Education-Vocational Rehabilitation): Employment services for people with disabilities, job training; placement and service support services for disabled

Veterans Center: A representative from the Veterans Center can meet in the office, by appointment. A contact number or email can be provided to assist in scheduling an appointment. (Veterans Service Agency 315-377-2065)

7660 North State Street
Lowville, NY 13367

Eligibility: Anyone, Universal services (some for Lewis County residents only, some based on income)

Hours: Monday – Friday 8:30-4:30. Walk-ins welcome.

COMMUNITY AGENCIES

AA, Al-Anon & NA (Narcotics Anonymous) Meetings (Lewis County Area)

Mon.	7:00 pm	Croghan Mennonite Church Kirschnerville Road
Tues.	7:30pm	Lowville Presbyterian Church 7707 N. State Street
Wed.	7:00pm	Northern Regional Center for Independent Living (Narcotics Anonymous) 5520 Jackson Street, Lowville
	7:30 pm	Carthage St. James' Church Carthage
Thurs.	7:30 pm	Lowville Presbyterian Church 7707 N. State Street
Fri.	7:30 pm	Carthage Grace Episcopal Church 421 State Street
	8:30 pm	Adams Emmanuel Episcopal Church 39 E. Church Street

Sat. 12:00 pm Lowville Presbyterian Church
7707 N. State Street
7:30 pm Harrisville St. Francis Solanus Church
14355 Maple Street

Access Care and Resources for Health (ACR Health) 315-475-2430

210 Court St, Suite 20 Fax: 315- 836-0033
Watertown, NY 13601 (#Rings into Syracuse office)
<http://www.aidscommunityresources..com/>
Toll Free 1-877-475-0218

Services: Provides a range of support services to individuals with chronic diseases, including HIV/AIDS, diabetes, heart disease, obesity, asthma, substance use disorders, and serious mental illnesses, with the goal of positive health outcomes. Also provides a wide variety of targeted prevention and sexual health services to individuals, from youth through adulthood, as well as to community groups and organizations, with the goal of informed and responsible decision making.

Navigators are available to help individuals and businesses make informed health insurance decisions.

Serves the counties of Cayuga, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Oswego, and St. Lawrence.

Hours: Monday-Friday 8:30-4:30

Catholic Charities of the Diocese of Ogdensburg 315-788-4330

44 Public Square Fax: 315-786-0539
Watertown, NY 13601
Contact Persons: Cathy Ferren, Shayne Lippincott

Services: Family counseling, youth counseling, life skills program, adoptions, Foster Grandparent Program, financial assistance for working families (through Bridging the Gap-United Way Funding).

Eligibility: Any county resident

Fees: Sliding fee scale for counseling and adoption

Hours: Tuesday –Friday 8:00-4:00 (closed 12:00-1:00)

Catholic Charities, Lewis County

6102 Blue St

Glenfield, NY 13343

Contact Person: Shawn Donahue, Program Director,
Maria Garito, Case Manager

Services: Small food pantry, personal care items,
Migrant/Immigrant Referral and Advocacy Program, Transitional
housing

Cornell Cooperative Extension of Lewis County (CCE) 315-376-5270

7395 East Road

Fax: 315-376-5281

Lowville, NY 13367

ccelewis.org

E-mail: lewis@cornell.edu

Contact Person: Michele Ledoux, Executive Director

Services: Offers nutrition information covering a wide range of
topics, ranging from parenting, young child and youth
development, environmental and family issues, gardening, energy
savings, dairy and agriculture. There are three departments within
CCE: Agriculture, Community and Family Development, and 4H
Youth Development.

Eligibility: Lewis County residents

Hours: Monday – Friday 8:30-4:30

Lewis County Chamber of Commerce

315-376-3014

7551 South State Street

Lowville, NY 13367

naturallylewis.com

<http://www.adirondackstughill.com/>

Contact Person: Brittany Davis, Executive Director

Services: Work with and serve community membership; local businesses. Tourism Center

Hours: Monday – Friday 9:00-4:00

Lewis County Community Services

315-376-5858

5274 Outer Stowe Street
Lowville, NY 13367

Contact Person: Patricia Fralick, Director

Services: Oversees services in Lewis County in the area of Mental Health, Addiction, and Developmental Disabilities. Participants in these areas may contact Community Services to discuss concerns, complaints, etc. about the services being received.

Lewis County Department of Social Services

315-376-5400

5274 Outer Stowe Street, PO Box 193
Lowville, NY 13367
myBenefits.ny.gov

Fax: 315-376-4112

<https://www.nyconnects.ny.gov/Pages/#>:

Contact Person: Jenny Jones, Commissioner

Services: Adult Protective Services, Child Care Subsidy Program, Child Protective Services, Child Support Enforcement, Emergency Aid to Families for Heating/Electricity, Employment Services and Working Family Assistance, Foster Care Services, Health Insurance, Home Energy Assistance Program, Homeless Housing Programs, Medicaid, Personal Care, PINS Diversion, Preventive Services, SNAP Program, Temporary Assistance

Eligibility: Eligibility standards for Temporary Assistance, Medical Assistance, and SNAP (Supplemental Nutrition Assistance Program) are established by Federal and State laws and are based on income and resources. Eligibility for services is determined by the client's need for services as well as his/her income level. Protective Services for adults and children, and information and referral services are available to anyone without regard to income.

Hours: Monday – Friday 8:30-4:30 (messages between 12:00-1:00)
(If an emergency occurs after hours, call the Sheriff's Department at 376-3511)

Lewis County Public Transportation

315-376-6508

www.lewiscountyloop.com

TDB-TYY Service 1-800-662-1220

Contact Person: Tracy Caller

Services: Providing transportation service throughout Lewis County via Birnie Bus Service, Inc. Route closings are shared via radio (WBRV 101.3 FM, WLLG 99.3 FM, 900 AM) or television (channel 7). No service is provided on January 1, Memorial Day, July 4, Labor Day, Thanksgiving (2 days), December 25 and weekends. A Utica and Watertown run is available Monday-Friday to SUNY colleges.

Fees: Varies depending on bus route and age of rider

Hours: Office hours are 7:00-4:00

Lewis County Office for the Aging (OFA)

315-376-5313

Mailing Address: Fax: 315- 376-5105

5274 Outer Stowe Street

Lowville, NY 13367

<http://lewiscountyny.org/content/Generic/View/86>

E-mail: ofa-office@lewiscountyny.org

Contact Person: Carla Hellinger- Director

Services: OFA provides a wide variety of supportive services designed to enable senior citizens (age 60+) to remain safe and independent in their community and personal residence. This is accomplished through services such as information and assistance, the nutrition program, heating and energy program, personal care, housekeeping, transportation, legal services, insurance counseling and caregiver services. The NY Connects: Your Link to Long term Services and Supports is also housed at OFA. NY Connects is a point of entry into the long term services and support system for older adults and people of all ages with disabilities.

Eligibility: Varies by program

Hours: Monday – Friday 8:30–4:30

Lewis County Opportunities, Inc. (LCOI)

315-376-8202

8265 State Route 812
Lowville, NY 13367

Contact Person: Scott Mathys, Executive Director, Ext. 247

Hours: Monday – Friday 8:00-4:00

Car Seat Program

315-376-8202

Shauna Roggie

Provides car seats for infants and children up to 4'9" by appointment. Recipients must be WIC eligible, live in Lewis County, and be the residential parent or legal guardian. Car seat techs are available.

Emergency Food and Shelter Program

315-376-8202

Shauna Roggie

Provides emergency assistance with fuel and utility payments (program is operational if funding is authorized for Lewis County in any given year).

Housing Assistance Program

315-376-8202

Judy LaBrake, Program Director

Provides assistance with rent payments to income eligible persons in Lewis and Jefferson Counties.

FSS Program

Judy LaBrake

Program is offered to existing Section 8 participants whose goal is to become self-sufficient and end assisted programs in the future by setting their own personal goals while establishing an escrow account.

Home Ownership Program

Judy LaBrake

Program offers home ownership possibilities to existing Section 8 participants who meet basic eligibility requirements.

Legal Aid Society of Mid New York, Inc.

1-877-203-1062

788-2072

Assistance is provided to income eligible persons on civil matters. Screening and appointments will be scheduled through Watertown office.

Lewis County Food Pantry Network

315-376-8202 Ext. 1

Provides an emergency 3 to 5 day supply of food for those in need. If no open hours are listed or you need food before the next "open hours" day and time, simply call Lewis County Opportunities to schedule an appointment (Monday – Friday, 8:00 am – 4:00 pm).

Copenhagen Food Pantry: St. Mary's Church, 9371 NYS Route 12
Open Hours: Third Wednesday each month 4:30pm-6:30pm

Harrisville Food Pantry: Town of Diana Garage, 5952 Old State Road

Open Hours: 1st Tuesday each month 7:00 pm – 8:00 pm

New Bremen Food Pantry: Lewis County Opportunities, 8255 State Route 812

Open Hours: Monday, Wednesday, Friday 1:00 pm – 3:00 pm

Port Leyden Food Pantry: St. Martin's Rectory, 7108 North Street

Open Hours: Monday-Friday, 8:30 am – 11:30pm 314-348-6104

Opportunity Knocks Thrift Store

315-376-2981

Shauna Roggie

315-376-8202

Offers a variety of used goods: clothing, household items, and furniture. Donations accepted. Wednesday's and Thursday's or by appointment.

Hours: Monday – Friday 9:00-3:00

Some Saturday's –call ahead

Rep Payee Service

315-376-8202

Shauna Roggie

Jamie Aucter

Primarily for individuals who receive Social Security Benefits, Supplemental Security Income, and/or Social Security Disability who need help managing their money. Income is automatically deposited into an account managed by Opportunities, and then distributed for the household's daily living needs.

Transportation Service

315-376-8202

Shauna Roggie

Can assist eligible Lewis County residents with vehicle repairs, insurance & other transportation issues. Recipient must be working.

Victim Services Department

315-376-8202 Ext. 4

Help Hotline – 24 Hour (Will accept collect calls)

315-376-4357

Mary Interiano, Director Domestic Violence & Rape Crisis Program

Provides a safe dwelling (emergency shelter) for victims of domestic violence; a 24 hour telephone hotline 376-HELP. Information and referral, advocacy, individual supportive counseling, therapy support groups for victims and their families, transportation, community education/outreach, and follow-up services. Also provides preventive education.

Volunteerism

Shauna Roggie
Shawna Berry

315-376-2981
315-376-8202
Ext.302

Many of LCOI's services (such as The Opportunity Knocks Thrift Store, Food Pantries, VITA Tax Preparation, Victim Services Hotline, and our Board of Directors) could not exist without dedicated community volunteers. If you have free time, and would like to make a difference, contact LCOI for more information.

Weatherization Program

Michelle Widrick

315-376-8202

Provides services designed to curtail energy costs that include weather-stripping, caulking, insulation, installation or repair of storm windows and doors, and services to raise the efficiency of boilers, furnaces, and water heaters. Applicants must be income eligible.

Lewis County Probation Department

7660 North State Street Suite 217
Lowville, NY 13367

315-376-5358
Fax: 315-376-1673

Contact Person: Matthew Morrow, Director

Services: Supervises clients sentenced to probation by various courts, provides courts with investigations in regard to sentencing, collects restitution as ordered by the courts, operates community

service program, pretrial release program, and domicile restriction program. Provides counseling for juvenile delinquency and refers appropriate cases to family court for resolution.

Hours: Monday - Friday 8:30-4:30

Lowville Food Pantry, Inc.

7646 Forest Avenue
Lowville, NY 13367

<http://www.lowvillefoodpantry.org/>

E-mail: lowvillefoodpantry@frontier.com

315-376-7431

Fax: 315-376-8833

Contact Person: Nancy Hanno

Services: Independent 501 c3, Open Food Pantry. Income guidelines are maximal. Conference and training room available for use. Oversight of the Food Sense, Christmas Sharing Program, Santa for Seniors and Summer Back Pack Program. Emergency 24-hour service (for agency/service use only)

Hours: Monday – Friday 9:00-11:30

Tuesday Evening Hours 5:00-7:00

Croghan Food Pantry: Basement of Library, 9794 Rte. 812

*Open Hours: 3rd Thursday each month 4:30 pm – 6:30 pm
(April through October)*

Resolution Center of Jefferson Lewis Counties

200 Washington Street Suite 207
Watertown, NY 13601

315-785-0333

Fax: 315-785-0322

Contact Person: Jennifer Huttemann-Kall, Executive Director

Services: Mediation program for alternative dispute and conciliation of interpersonal disputes such as breach of contract, neighbor disputes, landlord/tenant, parent/child, bad checks, restitution for damages and small claims, Court Appointed Special

Advocate (CASA) Jefferson and Lewis County, Youth Court of Jefferson County.

Hours: Monday – Thursday 8:00-4:00, Fridays by appointment
Wednesday's in Lowville, 8:00-4:00 @Maple Ridge Center

The Salvation Army

315-376-2639

Contact Person: Brandi Kirch (Snow Belt Housing)

Services: Funds raised in Lewis County during the Salvation Army Annual Kettle Drive are available to Lewis County. These funds carry on in our community through a year round program of service designed to assist in meeting emergency and supplementary needs of individuals and families. These funds are also available for use during natural disasters and county wide emergencies, on a need based.

Snow Belt Housing Company, Inc.

315-376-2639

7500 South State Street
Lowville, NY 13367

Fax: 315- 376-2518

www.snowbelt.org

Contact Person: Jaylynn Heames, Executive Director, Brittany Locke, Housing Rehabilitation, Jeremy Chartrand, Property Manager, Brandy Kirch, Homeless Case Manager

Services: Provides adequate, safe, affordable housing to rent; grant application assistance to municipalities for housing related activities; and rental housing for low-moderate income families in various locations in Lewis County. Also, Direct Home Ownership Assistance, when funds are available. Main Street Revitalization Program. STEHP (Solutions To End Homeless Program) is to prevent homelessness as well as serves homeless families. Assistance with first months rent and security deposit

Hours: Monday – Friday 9:00-4:00

Social Security Administration

1-800-772-1213

156 Bellew Avenue, South
Watertown, NY 13601
www.socialsecurity.gov

1-866-627-6995
(Watertown)

DENTISTS *(You may want to check with your dentist's office when making an appointment to see if your insurance is accepted.)*

Beaver Falls

Dr. Michael Hbous	Mailing Address	315-346-1814
9536 State Route 126	PO Box 405	
Beaver Falls, NY 13305	Lowville, NY 13367	
<u>Accepts:</u> Medicaid, Fidelis		
<u>Hours:</u> Monday – Friday 9:00-5:00		

Boonville

Dr. Sears & Caruso	Richard Sears, DDS	315- 942-4514
3 Schuyler Street	Thomas Caruso, DDS	
Boonville, NY 13309	Lisa Sear, DDS	
<u>Hours:</u> Monday-Friday 8:30-4:00		

Carthage/Black River

McCue Dental 315-493-3510
3 Bridge Street Dr. Natshya Fraser
Carthage, NY 13619 Dr. Alvin Bregman
Accepts: Medicaid, Fidelis, United Health Care
Hours: Monday - Thursday 7:30-5pm

Carthage Dental Care 315-493-6003
35761 Sayre Road Dr. Jin Song
Carthage, NY 13619
Accepts: Medicaid, Fidelis, United Health Care
Hours: Wednesday & Thursday 8:00-7:00

Cesario Family Dental 315-773-4204
28800 State Route 3, PO Box 820 Dr. Vincent Cesario, Jr.
Black River, NY 13612
Hours: Monday – Thursday 7:30-4pm

LaClair Family Dental 315-493-1184
111 South Mechanic Street Dr. Robert Allen LaClair
Carthage, NY 13619
Accepts: Medicaid
Hours: Monday-Thursday 8:00-4:00

Lowville
Advanced Dental Care 315-376-3121
7626 North State Street Dr. Sam Pominville
Lowville, NY 13367
Hours: Monday, Tuesday, Wednesday 8:00-5:00
(closed 12:00-1:00)
Friday 8:00 – 3:30

Dr. Jonathan Gellert/Dr. Charles Dibble 315-376-7563
7627 Park Avenue
Lowville, NY 13367
Hours: Monday - Thursday 8:30-5:00
Friday 8:30-12:00

North Country Family Health Center

315- 376-4500

7785 N. State Street
Lowville, NY 13367

Dr. Chang
Dr. Longo

Accepts: Medicaid, Fidelis, United Healthcare,
Military Insurance

Hours: Monday - Friday 8:00-6

Dr. Lynn Stacy

315-376-8614

7504 East State Street
Lowville, NY 13367

Hours: Monday, Tuesday, Thursday, Friday 9:00 – 5:00

Utica/New Hartford

Kids Teeth Only
100 Genesee Street
New Hartford, NY 13413

315-724-5437

Dr. Norman Cognetto

Hours: Monday – Thursday 9-5, Friday 8:30-1

Watertown

Aqua Dental
1283 Arsenal Street
Watertown, NY 13601

Dr. Rubina Khatoon

315-788-7888

Accepts: Medicaid, Fidelis, United Health Care

Hours: Mon/Wed 10-5, T/Th 10-6, Fri 10-2

Dr. Bruce Dines

315-788-4740

Dr. Hiram Garcia

531 Washington Street
Watertown, NY 13601

Accepts: Medicaid, Fidelis, United Health Care

Hours: Monday – Friday 8:00-4:00

Great Beginnings

315-681-6818

127 Winslow Street
Watertown, NY 13601

Dr. Maria Laura Ybarra (pediatric dentist)

Accepts: Medicaid

Hours: Monday-Thursday 8-4:30

Jefferson Dental Health PC

315-788-7070

19333 US Rte 11
Watertown, NY 13601
Monday-Friday 8-5

McCue Dental

315-779-2222

1116 Arsenal Street
Watertown, NY 13601
Accepts: Medicaid, Fidelis, United Health Care
Hours: Monday – Friday 7-4:30

Northern Oral Surgery, Oral Surgeons (Adults only) 315-782-3101

104 Paddock Street Suite 103 Dr. Erhard A. Beuttenmuller
Watertown, NY 13601
Hours: Monday – Friday 8:00-3:00

North Country Family Health Center 315-788-9834

238 Arsenal Street Dr. Maria Dille
Watertown, NY 13601 Dr. Lam Dr. Yom
Accepts: Medicaid, Fidelis, United Health Care,
Military Insurance
Fees: Sliding Scale
Hours: Monday – Friday 8-6 Saturday 8-12

Watertown Pediatric Dentistry 315-221-4044

22645 Summit Drive Dr. Andrew Beuttenmuller
Watertown, NY 13601
Hours: Mon 8:30-4, Tues/Wed 8-4, Thur 8-3

DOCTORS *(You may want to check with your doctor's office when making an appointment to see if your insurance or Medicaid is accepted.)*

Ear, Nose and Throat (ENT) Specialists

Utica

The Chahfe Center 315-792-4623
Medical Building Dr. Fayez Chahfe

2206 Genesee Street Suite 301
Utica, NY 13502

Kimberly C. Keane, AU.D

Watertown

Watertown ENT Group 315-788-1751
Watertown Medical Center
826 Washington Street Suite 204 Dr. Braxton Hillerman, MD
Watertown, NY 13601 Melissa Charlebois, PA

Hours: Monday-Friday 8:00-4:30

Family Physicians

Beaver Falls

Beaver River Health Center 315-346-6824
9559 Main Street, PO Box 180 Dr. Robert Semlear
Beaver Falls, NY 13305 Dr. Brian Shambo
Julie Emery, FNP

Accepts: Medicaid, Fidelis, United Health Care
Military Insurance

Hours: Monday – Friday 8:30-4:00 (closed 12:00-1:00)

Boonville

Boonville Family Care 315-942-3500
13407 State Route 12 Corrine Kelley, FNP
Boonville, NY 13309 Leah Boek, FNP

Accepts: Medicaid, Fidelis, United Health Care
Hours: Monday – Friday 8:00-4:00.

Faxton-St. Luke's Healthcare Boonville Medical Office 315- 942-4391

13460 State Route 12 Andrew Milone, RPA
Boonville, NY 13309 Adam Seiger, MD
Brianna Button, NP

Hours: Monday – Friday 7:00-4:30.

Carthage

Carthage Family Health Center 315-493-4187
117 Mechanic Street Dr. Hardick Patel

Carthage, NY 13619

Dr. Ancy Kunnumpurath
Joanne Atkinson, PA

Accepts: Medicaid, Fidelis, United Health Care
Tricare, Martin's Point, Medicare

Hours: Monday – Friday 7:00-5:00 (Adults)
Monday – Friday 8:30-5:00 (Pediatrics)

Family Medicine of Carthage

315-493-0128

214 Church Street

Dr. Jocelyn Aznar Beane

Carthage, NY 13619

Accepts: Fidelis, United Health Care, Tri-Care

Hours: Monday – Thursday 8:00-5:00 (closed 12:00-1:00)
Friday 8:00-12:00

Family Practice Associates

315- 493-7334

3 Bridge Street Suite 3

Dr. Kenneth J. Fish

Carthage, NY 13619

Dr. Scott H. Mitchell

Dr. Jerome Cuyler

Accepts: Medicaid, United Healthcare

Hours: Monday – Friday 8:00-5:00

Copenhagen Family Health Center

Dr. Norman B. Scott

315-688-2305

9732 NYS Route 12, PO Box 26

Copenhagen, NY 13626

Accepts: Medicaid, Fidelis, United Health Care

Hours: Monday-Friday 8-4

Gouverneur

Community Health Center – North Country

315-287-4440

77 West Barney Street

Ernie Cougler, FNP

Medical Building Suite C

Brittany Terpstra, PA

Gouverneur, NY 13642

Accepts: Medicaid, Fidelis, United Health Care

Hours: Monday 7-5pm, Tuesday – Friday 7am-7pm

Harrisville

Harrisville Family Health Center
14214 Church Street
Harrisville, NY 13648

315-537-5003

Brittani Bickel, PA

Accepts: Medicaid, Fidelis, United Health Care

Hours: Monday, Tuesday, Wednesday, Friday 8:00-3:00
Thursday 11:00-6:00

Blood Draws: Tuesdays, 7:30-9:00-Pre-registration required-
Call Admissions at 376-5577.

Lowville

Lowville Medical Associates, LLP
5402 Dayan Street
Lowville, NY 13367

Adults 315-376-4600

Dr. Lyndaker Dr. Palmer
Dr. Feilmeier Dr. McHugh

Hours: Monday-Friday 8:00-4:00

Lewis County Family Practice
7785 North State Street
Lowville, NY 13367

315-376-5480

Dr. Kwicklis, S. Walton, N Topits
Dr. Wat, Dr. Pisaniello
Dr. Tuttle-Malone, K. Der

Accepts: Medicaid, Fidelis, United Health Care

Hours: Monday – Friday 8:30-4:00

Lyons Falls

South Lewis Health Center
3926 State Route 12, PO Box 247
Lyons Falls, NY 13368

315-348-8407

Dr. Lynn Pisaniello
Julie Waters, FNP
John Leuenberger, MD

Accepts: Medicaid, Fidelis, United Health Care

Hours: Tuesday – Friday 8:00-4:00.

Blood Draws: Thursdays, 7:30-9:00-Pre-registration is
required-call Admissions at 376-5577.

Watertown

Samaritan Watertown Family Health Center
1575 Washington Street
Watertown, NY 13601

315-786-7300

Accepts: Medicaid, Managed Care
Hours: Monday – Friday 7:00-5:00

Obstetricians/Gynecologists

Carthage

Women's Way to Wellness
117 N. Mechanic Street
Carthage, NY 13619

315-493-3100

Dr. Gaston DaCosta
Dr. Walter Doddard
Dr. Emmanuel Nwogu

Accepts: Medicaid, Fidelis, United Health Care
Hours: Monday – Thursday 9:00-5:00, Friday 8:00-4:00

Lowville

Women's Health Services
7785 North State Street Suite 210
Lowville, NY 13367

315-376-5475

Dr. Lee Dutton
Hali Reed, FNP
Selena Hughes, NP
Cynthia Fraser, MD

Accepts: Medicaid, Fidelis, United Health Care
Hours: Monday – Friday 8:00-4:00.

South Lewis Health Center
3926 State Route 12, PO Box 247
Lyons Falls, NY 13368

315-348-8407

Dr. Lynn Pisaniello
Dr. Leuenberger

Accepts: Medicaid, Fidelis, United Health Care
Hours: Monday and Thursday 8:00-4:00.

Utica

St. Elizabeth's Women's/Children's Health Center
2212 Genesee Street
Utica, NY 13502

315-798-8317

Dr. Cherine Awad
Dr. Teresa Martorella
Dr. Fadi Zakko

Accepts: Medicaid, Fidelis, United Health Care

St. Luke's Obstetrical Care Center

1656 Champlin Avenue, PO Box 479

315-624-6241

Utica, NY 13502

Services: Maternity and five laborist on staff

Accepts: Medicaid, Fidelis, United Health Care

Hours: Monday-Friday 8:00-4:00

Watertown

Comprehensive Women's Health Services 315-788-2003

622 Washington Street Walter Dodard, DO

Watertown, NY 13601

Accepts: Medicaid, Fidelis, United Health Care

Hours: Monday – Thursday 8:30-4:30

Friday 8:30-3:00

Wise Woman Ob/Gyn

315-782-6262

172 Clinton Street Nanci Lynn Hawkins, MD, SPMRS, FACOG

Watertown, NY 13601

Accepts: Medicaid, Managed Care, Fidelis, United Health Care

Hours: Monday – Friday 9:00-4:00

Woman to Woman

315-785-4155

1575 Washington Street

Dr. Barrett

Dr. Cain

Watertown, NY 13601

Dr. Dombrowska Dr. Oliva

Dr. VanArnam

Accepts: Medicaid, Fidelis, United Health Care

Hours: Monday – Friday 7:00-5:00

Ophthalmologists (Eye care)

Lowville

Center for Sight

315-376-5206

Lewis County General Hospital

7785 North State Street

Lowville, NY 13367

Accepts: Medicaid, Fidelis, United Health Care

Hours: Monday-Friday 8:00-5:00

Rome

Dr. John Costello, Jr.

Rome: 315- 336-6633

Dr. Patrick A. Costello
255 Hill Road
Rome, NY 13441

New Hartford: 315-733-0451

Accepts: Medicaid, Fidelis, United Health Care

Hours: Monday – Friday 8:00-5:00

Syracuse

Dr. Walter Merriam, Pediatric Ophthalmology
1810 Erie Boulevard East
Syracuse, NY 13210

1-800-585-8056

315-422-4321

Accepts: Medicaid, Managed Care, Fidelis, United Health Care

Hours: Monday -Thursday 8:30-4:00, Friday 8:00-4:00

Watertown

Center for Sight
1815 State Street
Watertown, NY 13601

315-788-6070

Drs. Sanni, Burke, Koloms, Crane & Hess

Accepts: Medicaid, Fidelis, United Health Care

Hours: Monday – Friday 8:00-5:00

Optometrists (Eye exams and glasses)

Boonville

Adirondack Eye Care Center

315-942-2122

151 Main Street, Suite 1

Dr. David Vinci

Dr. Pierson

Boonville, NY 13309

Dr. Nichole Pollard

Accepts: Medicaid, United Healthcare, Tricare

Hours: Monday/Wed/Thur/Fri 9-5, Tuesday 11-7

Lowville

Meade Optical, Inc.

315- 376-8159

7785 N. State Street

WTN. Office 315- 786-3937

Lowville, NY 13367

Dr. Ryan Knox

Dr. Ronald Knox

Accepts: Medicare, Tricare, Private Ins.

Hours: Monday-Thursday 9-5

Watertown

Cerebral Palsy Association of the North Country/ 315-786-0983
Community Health Care Center
Jefferson County Office
146L Arsenal Street, Suite 8
Watertown, NY 13601

Services: MSC (Medicaid Services Coordination), CDPAP
(Consumer Directed Personal Assistance Program), Eye
Clinic and Foot Care Clinic

Accepts: Medicaid, Medicare and Managed Care

Hours: Eye Clinic Tuesday – Thursday

Pediatricians

Lowville

Lowville Medical Associates, LLP 315-376-5558
5402 Dayan Street Dr. Shereen Palmer Dr. Mary Lou Feilmeier
Lowville, NY 13367 Dyana Manning, RPA
Hours: Monday – Friday 8:00-4:00

Rome

Pediatric & Adolescent Medical Associates, P.C. 315-339-0401
117 West Liberty Street, #1 Dr. Kinkee Chung
Rome, NY 13440
Accepts: Medicaid, Fidelis
Hours: Monday – Friday 8-4:15

Pediatric Associates of Watertown

315-782-4391

Dr. Gail Rose-Green, Dr. Oliva,
20011 Summit View Blvd. Dr. Mario Victoria, Dr. Daniel
Watertown, NY 13601 Dr. McGregor
Alexandra Davies, PA-C Jonathan Jerome, PA-C
Melissa L. Reynolds, FNP

Eligibility: Patients from birth to 19 years of age

Accepts: Medicaid, Fidelis, United Health Care

Hours: Monday- Friday 8:00-4:30

Watertown Pediatrics (North Country Medical Center) 315-782-7330
1571 Washington Street Suite 107 Dr. Shari Hogan

Watertown, NY 13601

Dr. Myla Estepa
Dr. Honeylee Agustin

Accepts: Medicaid, Fidelis, United Health Care
Hours: Monday – Friday 8:00-12:00, 1:00-4:30

EMERGENCY NUMBERS/POLICE/AMBULANCE, FIRE/CRISIS HOTLINE SERVICES, SHERIFF’S DEPARTMENT

Call Lewis County Sheriff’s Department 911 or **315-376-3511**
State Police **315-376-6513**
Emergency Room at Lewis County General Hospital **315-376-5252**

Ambulance Services and Fire Departments

3G-F/FR	Croghan-A/F	Natural Bridge-A/F
Beaver Falls-A/F	Harrisville-A/F	New Bremen-F
Carthage-A/F	Lowville-F	Port Leyden-A/F
Castorland-F/FR	Lyons Falls-A/F	Turin-A/F
Constableville-A/F	Martinsburg-F	West Leyden-A/F
Copenhagen-F	(A-Ambulance, F-Fire, FR-First Response)	

Crisis Hotlines

AIDS	NYS Information Hotline	1-800-541-2437
Children’s Services	NYS Child Abuse	1-800-342-3720
	Hotline & Maltreatment	1-800-638-5163
	Reporting Center	(TDD/TTY)
Domestic Violence	Help Hotline	315-376-4357 (HELP)
	NYS Hotline	1-800-942-6906
Poisoning	Poison Control Center	1-800-222-1222
Rape Crisis	Help Hotline	315-376-4357 (HELP)
24 Hour AA & Al-Anon	Hotline Answering Service	1-800-765-8336

Lewis County Search & Rescue **315-376-7745**

Ambulance & Advanced Life Support

7782 West State Street
Lowville, NY 13367
<http://www.lcsr-ems.org/>

Lewis County Sheriff's Department

315-376-3511

5252 Outer Stowe Street, PO Box 233
Lowville, NY 13367

Contact Person: Michael Carpinelli, Sheriff

Services: Provides assistance to meet multiple needs at time of crisis, such as accidents of any kind, dog biting incidents, lost children/adults, and many others. If they cannot meet your need, they will refer you to someone who can. DARE (Drug Abuse Resistance Education) Program.

HEALTH SERVICES

**Behavioral Health and Wellness Center, A Division of
Transitional Living Services of Northern New York**

315-376-5450

Fax: 376-7221

Lowville Commons
7550 South State Street
Lowville, NY 13367

Medical Records Fax: 376-5501

www.tlsnny.com

Services: The Behavioral Health and Wellness Center (BHWC) will provide comprehensive mental health services to individuals who have Mental Health Concerns, Behavior Problems, Emotional Distress and Co-occurring Disorders. Services provided at the BHWC include Psychiatric Evaluation/Assessments and Medication Management, Group Therapy for adults and children, Individual Therapy for adults and children, Couples Counseling, Family Therapy, Psycho Educational Sessions and Support Groups.

Hours: crisis walk-ins always accepted
Monday and Friday 8:00-4:30, Tuesday-Thursday 8:00-6:00

Saturday (every other) 8:00-2:30 by appointment

Care Net Pregnancy Center of Northern NY

315-874-4015

7636 North State Street
Lowville, NY 13367
www.carenetny.com

Contact Person: Jody Roe, Center Director (Lowville Site)

Services: Free and confidential services: pregnancy tests, STD tests, limited ultrasound, consultation on all pregnancy options, compassionate and non-judgmental care, support after an abortion, support after miscarriage or stillbirth. Referrals for testing, adoption and community support services.

Hours: Monday – Wednesday 10:00-3:00 or by appointment

Credo Community Center for the Treatment of Addictions, Inc.

315-376-5958

Fax: 315-376-5953

7714 Number Three Road
Lowville, NY 13367
<http://www.credocommunitycenter.com/>
E-mail for Referrals: refferals@credocc.com

Contact Person: Jenn Allen, POC and Supervisor

Services: Comprehensive evaluation and assessment, group and individual counseling, referral services to other levels of care. MAT- (Medication Assisted Treatment), Continuing Care- for continued successful treatment. Case Management-to work with the overall needs of the person, to meet individual needs beyond recovery. OPT (Out Patient Treatment Clinic) (Watertown Office)

Fees: Most insurance plans and Medicaid are accepted. For those with no insurance coverage, an \$80.00 evaluation fee is charged and a sliding fee scale based on income and dependents is set up after admission.

Hours: Monday - Friday 8:00-5:00 (Closed daily 12:00 – 1:00)
Walk Ins Welcome

Hospitals

Carthage Area Hospital 315-493-1000
1001 West Street
Carthage, NY 13619

Lewis County Health System 315-376-5200
7785 North State Street
Lowville, NY 13367

Rome Memorial Hospital 315-338-7000
1500 North James Street
Rome, NY 13440

Samaritan Medical Center 315-785-4000
830 Washington Street
Watertown, NY 13601

St. Elizabeth's Medical Center 315-801-8100
2209 Genesee Street
Utica, NY 13501

Faxton/St. Luke's Healthcare 315-624-6000
1656 Champlin Avenue
New Hartford, NY 13502

Jaclyne Newton, Licensed Mental Health Counselor 315-681-5019

Jaclyne.newton.lmhc@gmail.com

Tuesdays at LCGH Suite 230

(F)315-222-7313

Monday, Wednesday, Thursday and Friday, Telehealth

Services: Individual, group, couples and family therapy
Insurances accepted include Medicaid, Medicare, also self-pay
sliding fee scale available.

Lewis County Public Health Agency

7785 North State Street, Suite 2
Lowville, NY 13367

315-376-5453

Fax: 315-376-7013

Contact Person: Ashley Waite, Public Health Director

Hours: 8:30-4:30

Preventive Health Services

This preventive health program is designed to promote healthy lifestyles, prevent disease and reduce the impact of disease on county residents. This program includes:

Maternal Child Health Home Visiting Program – offers home visits by a nurse to high risk pregnant or breast-feeding women, new mothers or newborn infants at no charge.

Childhood Immunizations – required immunizations are free of charge to children who qualify; some third party billed. Appointments are available on Tuesdays and Fridays by appointment only.

Adult and Travel Immunizations – routine immunizations are available for a fee during regularly scheduled clinic times; some third party billed directly. Travel immunizations are available for a fee, by appointment.

Childhood Lead Poisoning Prevention – offers case management of children with elevated lead, education to the public and service organizations. Free lead testing for all children ages 1-4 regardless of insurance status; by appointment only.

Communicable Disease Control, Rabies Prevention, West Nile Virus Prevention – receives reports of all reportable diseases, monitors the community for disease, and offers education and treatment if indicated. Free rabies pet clinics 3 times per year.

HIV and Hepatitis C Counseling and Testing – free anonymous and confidential counseling and testing offered; by appointment only.

Tobacco Cessation – trained cessation counselors available to offer education and support by appointment.

Health Education – offers free educational sessions to businesses, school and other organizations about a variety of health topics.

Chronic Disease Prevention – wellness clinics offered at industrial sites and Senior Nutrition sites. Offers diabetes risk assessments, nutrition education and tobacco cessation. Chronic disease self-management Program and diabetes prevention programs available to the public at no charge.

Emergency Preparedness and Response – assists with County response to emergencies and offers public education regarding natural or biological emergencies.

Children with Special Needs Programs

315-376-5453

Rebecca Kelly, Program Coordinator

Fax: 376-7013

Child Find Program (birth to 3), Early Intervention Program (birth to 3), Preschool Special Education Program (age 3 to 5), Children with Special Healthcare Needs – Resource and Referral, Physically Handicapped Children's Program (birth to 21).

North Country Cancer Services Program

855-592-0830

North Country Prenatal/Perinatal Council

315-788-8533

200 Washington Street Suite 300
Watertown, NY 13601

Contact Person: Tina Cobb, Executive Director

Services: Dedicated to improving family, maternal, infant and child health in Lewis County. All services are free and voluntary. Services include health education for consumers and professionals, coordination of services and support for pregnant women, The Youth Empowerment and Health (YEAH!) Program and

Comprehensive Adolescent Pregnancy Prevention Program at Lowville Academy Central School and Navigation Assistance for the NYS Marketplace for health insurance, Medicaid and Child Health Plus applications, certified car seat technicians, and certified lactation counselors.

Hours: Monday – Friday 8:00-4:30

Navigation Services

315-788-8533

Assistance to apply for Child Health Plus, Medicaid and to navigate the NY State of Health Marketplace. Help to find a health insurance plan that is right for you, see if you can get help with costs, help finding a primary care provider and specialist, and to apply for and enroll in your health plan. Please call for an appointment which can be over the phone or in-person.

Non-Emergency Medicaid Transportation Program

1-800-430-6681

PO Box 1200

Syracuse, NY 13218

Services: A centralized regional system for all Lewis County participants. Transportation is directed to a **Medical Answering Service (MAS)** located in Syracuse. MAS can be reached 24/7. At least a five-day notice is required to set up a non-emergency transport. However, there are exceptions when accommodations can be made with less notice. Also, all client or provider complaints are to be directed to MAS and you will be referred to a supervisor.

Birnie Bus will still provide transportation services, but will be authorized to do so by MAS. The dedicated phone number for Birnie Bus will direct clients to call MAS.

Volunteer Transportation Center (VTC) still provides transportation services, but will be authorized by MAS. VTC provides 24/7 coverage. Due to the call center now being available 24/7 it is possible for weekend discharges from the hospital to get service.

Medicaid patients who request reimbursement for driving their own vehicle will also need to call MAS for authorization and will be sent a packet with the “new” required forms.

Planned Parenthood of North Country NY (Call center) **315- 804-6174**
7398 Turin Road (Watertown) 315- 788-8065
Lowville, NY 13367

Contact Person: Kayla McNulty

Services: Pregnancy testing, counseling, routine check-ups, assessments on treatment of minor vaginal infections, information and referrals, VD screening, PAP tests, individualized information in fertility awareness, assistance with educational programs, research and resource materials, oral HIV testing. Female and male services. Adoption information and referrals. Emergency contraceptives. Enrollment for Family Planning Benefit Program. Prep services for HIV and transgender services.

Fees: Sliding Scale, participates with insurance

Hours: Watertown: Monday and Tuesday, 8:30-7:00

Wednesday and Thursday, 7:00-7:00

Friday, 7:30-5:00

Saturday, 8:30-12:00 1x monthly

Lowville: Monday, 8:30-5:30

Rubenzahl, Knudsen & Associates Psychological Services, P.C. **315-788-3332**

5402 Dayan Street Suite 2
Lowville NY 13367

Services: Counseling and psychological testing.

Eligibility: Most private insurances accepted.

Hours: Monday – Friday 8:00-5:00

Watertown Behavioral Health Urgent Care

315-755-1251

650 State St, Watertown, NY 13601

Services: 24 Hour Mental Health Care, Rapid mental health assessment and crisis intervention, case management and care coordination, voluntary respite care, home like environment

WIC Program

North County Family Health Center – Lewis County 315-376-6427
7785 North State Street Fax: 315-376-6173
Lowville, NY 13367

Contact Person: Rosetta Landis, Site Leader

Services and Eligibility:

Women: Supplemental food packages (milk, eggs, cereal, fresh fruit and vegetables) for pregnant women and nursing mothers

Infants: Under 1 year of age; formula and supplements for breast fed babies

Children: Pregnant Mom's and Birth -five years of age

For more information call WIC office.

LIBRARIES

Beaver Falls Library

315-346-6216

9607 Lewis Street
Beaver Falls, NY 13305

Hours: Monday 10:30-4:00; 5:30-8:00
Thursday 10:00-5:00
Thursday 10:00-4:00

B Elizabeth Strong Memorial Library

315-348-6433

6312 East Main Street
Turin, NY 13473

Hours: Monday 10:00-4:00
Tuesday 12:00-8:00
Thursday 7:00-9:00
Summer Reading Program

Brantingham-Greig Reading and Technology Center

315-348-8272

5186 Greig Road (New Town Hall)
Greig, NY 13345

Ext. 5

Hours: Tuesday 2:00-4:00
Thursday 2:00-4:00
Saturday 10:00-12:00

Constableville Village Library

315-397-2801

3158 Main Street
Constableville, NY 13325

Hours: Monday 9:00-11:00; 1:00-3:00
Wednesday 3:00-7:00
Thursday 12:00-4:00
Saturday 9:00-11:00
Summer Reading Program

Croghan Free Library

315-346-6521

9794 State Route 812
Croghan, NY 13327

Hours: Monday 10:00-6:00, Wednesday 10:00-6:00

Friday 10:00-6:00

Harrisville Free Library

315-543-2577

8209 Main Street
Harrisville, NY 13648

Hours Monday-Friday 10:00-6:00

Lowville Free Library

315-376-2131

5387 Dayan Street
Lowville, NY 13367

Hours: Monday 10:00-5:00
Tuesday 10:00-7:00
Wednesday 10:00-5:00
Thursday 10:00-7:00
Friday 10:00-5:00
Saturday 10:00-1:00

Story Hour Tuesdays 11:00

Lyons Falls Library

315-348-6180

3918 High Street (beside Gould Mansion)
Lyons Falls, NY 13368

Hours: Tuesday & Wednesday 3:00-7:00
Thursday & Friday 1:00-5:00
Saturday 8:00-12:00

North Country Library System

315-782-5540

22072 County Route 190
Watertown, NY 13601

Fax: 315-782-6683
TDD: 315-782-5895

<http://ncls.northcountrylibraries.org/>

Contact: Kathy Van Ness, Outreach Specialist

Services: Large print and audio books are sent through the mail as a free service to anyone 62 or over and/or has a hearing impairment, visual impairment, or physical impairment.

Hours: Monday – Friday 8:00-4:30

Closed January 1, Martin Luther King Jr. Day, President's Day, Memorial Day, July 4, Labor Day, Columbus Day, November 11, Thanksgiving Day and the following Friday, Christmas Day

Port Leyden Community Library

315-348-6077

3145 Canal Street

Port Leyden, NY 13433

Hours: Monday 9:00-1:00; 4:00-6:00, Tuesday 1:00-5:00

Wednesday 4:00-9:00, Friday 1:00-5:00

Saturday 9:00-12:00

Story Hour on Fridays 10:00-11:00 (follows school schedule)

Town of Lewis Library

315-942-6813

Hours: Wednesday 2:00-4:00 Story Hour Tuesdays 10:30-12:00

Thursday 6:00-8:00 (Sept. & Oct.)

William H. Bush Memorial Library

315-376-7490

5605 Whitaker Road

Fax: 376-3096

Martinsburg, NY 13404

Hours: Monday, Wednesday, Friday 10:00-6:00

Tuesday & Thursday 9:00-1:00

Saturday 10:00-12:00

PRESCHOOLS/CHILD CARE & SERVICES TO PERSONS WITH DISABILITIES

The Arc, Oneida-Lewis Chapter, NYSARC-Adults

315-348-8401

6138 West Main Street, PO Box 126

Turin, NY 13473

Contact Persons: Karen Korotzer, CEO

Erin Largett, MSC Coordinator

Rose Larkins, Northern Region Coordinator

Services: Vocational, employment training, job placement, residential opportunities, rehabilitation, day habilitation, community habilitation, recreation, service coordination, plan of care support services, transportation for people with intellectual and developmental disabilities in Oneida and Lewis counties.

Hours: Monday – Friday 8:30-4:00

The Arc, Jefferson/St. Lawrence -Children

315-788-2730

420 Gaffney Drive
Watertown, NY 13601

<https://www.thearcjslc.org>

Contact Person: David Friedlander, Coordinator of Early Childhood Education, Ext. 1226

Services: Operates six integrated preschool classrooms for both typically developing children and students with disabilities between the ages of 0-5. Promotes social interaction, pre-kindergarten readiness skills and age-appropriate self-help abilities. All of this is accomplished in a nurturing environment and in partnership with the child's family.

Hours: Monday – Friday 7:00-5:00, follows the public-school calendar
6-week summer program

Central New York Developmental Services Office

315-376-1700

7020 Route 12, PO Box 231
Lowville, NY 13367

Fax: 315-376-6164

Contact Person: Heather Bailey, Treatment Team Leader

Eligibility: Children or adults must have disabilities including Developmental Disabilities, Cerebral Palsy, Autism, Epilepsy, and neurological impairments.

Services: Residential - for Adults 18 and over. Intermediate Residential Alternatives (IRAs) provide day habilitation for adults, home care services/in-home respite, linkage and referrals and advocacy.

Hours: Monday – Friday 8:00-4:30

Children with Special Needs Programs

315-376-5453

Lewis County Public Health
7785 North State Street, Suite 2
Lowville, NY 13367

Fax: 315-376-7013

Contact Persons: Rebecca Kelly, Coordinator
Cathy Dosztan, Service Coordinator

Services: Child Find Program (birth to 3), Early Intervention Program (birth to 3), Preschool Special Education Program (age 3 to 5).

Eligibility: 1) Birth to age 21, depending on program
2) Developmental delay, diagnosed chronic or physical condition or children "at risk"
3) Lewis County Resident

Fees: None

**Early Childhood Program- BOCES
Howard G. Sackett Technical Center**

315-377-7300

55836 State Route 12
Glenfield, NY 13343

Fax: 315-377-7309

Contact Person: Rebecca Sweredoski

Early Childhood students participate in internships within the community where they gain valuable real-life experiences as they apply their knowledge and skills learned at the vocational center.

Hand in Hand Early Childhood Center

315-376-9414

5780 Brookside Circle
Lowville, NY 13367

<http://www.hihecc.com/lowville.html>

Contact Person: Jenniffer Bleakley, Director

www.hihecc.director@gmail.com

Age: 6 weeks – school age

Services: Provides day care programs for children ages 6 weeks through 5 years, full day preschool, and before school care for Lowville school district (6:30 am – 8:00 am). A tuition-based After School Program is offered at Lowville Academy and South Lewis School for grades K-8 daily until 6:00 when school is in attendance.

Hours: Monday – Friday 7:00-5:30

**Jefferson-Lewis Child Care Project (CAPC of Jefferson County) 315-782-4900
Ext. 239**

518 Davidson Street
Watertown, NY 13601

Contact Person: Cathy Brodeur, Director
Nikkia Kolbinski, Parent Referral

Services: Child care resource and referral, family daycare provider registration assistance; enroll legally exempt processing for providers. Confidential assistance and follow-up. Training for in-home providers and classrooms.

Hours: Monday – Friday 8:00-4:00

Lewis County Head Start

7673 North State Street, PO Box 206
Lowville, NY 13367

www.lewiscountynyheadstart.com

315-376-7531 option 5

Fax: 315-376-8302

Contact Person: Amy Marti, Executive Director

Services: Head Start serves three and four year old children and their families. The purpose of the program is to promote school readiness by enhancing the social and cognitive development of children through educational, health, nutritional, social and emotional support services to enrolled children and their families. The agency serves all areas of the county offering either classroom or Early Head Start home-based services. Children with disabilities make up at least 10% of the enrollment.

Eligibility: 90% of families must meet the Federal Income Guidelines; 10% of the enrollment may exceed the income guidelines.

Hours: Monday – Friday 8:00-4:00

Milestones-Little Luke’s Children Center

315-207-2022
Fax 93150 326-0052

16783 Ives Street Road
Watertown, NY 13601

Contact Person: Lynn Amell, Executive Director

Services: Early Intervention and Pre-K Services; evaluations, therapist and home base services.

Hours: Monday – Friday 9:00-4:00

Northern New York Cerebral Palsy Association

315-788-5650

714 Washington Street
Watertown, NY 13601

Contact Person: Barb Trombley, Medicaid Service Coordinator/Supervisor

Madonna Westtake, MSC Supervisor

Services: Provides the following programs and services to fit your needs: Environmental Modifications

- | | |
|---------------------------------|-------------------------|
| Home Modification | Case Management |
| Family Reimbursement | Guardianship Assistance |
| Plan of Care | Home Habilitation |
| Home and Community Based Waiver | |
| Medicaid Service Coordination | |
| FI (Fiscal Intermediary) | |

Cerebral Palsy Specialty clinics are held on a monthly basis. We provide the opportunity for Physical Therapists, Occupational Therapists, Orthotic Consultants, medical Supply Consultants, Service Coordinators and Nursing staff on site, at the time of clinic.

Hours: Monday – Friday 8:00-4:00

Northern Regional Center for Independent Living

5520 Jackson Street
Lowville, NY 13367

www.nrcil.net

315-836-3735

Fax: 315-376-3404

E-mail: karenb@nrcil.net

Contact Person: Karen Boliver, Associate Director

Services: Family Support and Independent Living supports. Peer to Peer Advocacy, Mental Health Advocacy. Mental Health Recovery Center, (Women's, Men's, Anger and Wellness Groups) Recovery Coaches, Benefits Advisements, and Many Support Groups. Employment Training and Placement. SPARK-helping students with life skills and moving into adulthood, with schools. Parent groups and parenting education classes. Lending library of CDs and books as resources. Resource room for lending equipment needed for disabilities. Respite for families, educational advocacy. R.O.T.E.O. (Reaching Out To Each Other), social group for adults. Making the Connection. SMART and Double Trouble Recovery Programs. A community computer, fax, phone, and copier.

Hours: Monday – Friday 8:30-4:30. Crisis or Crisis Recovery Line for any time after 4:30, 315-755-8408

NY Connects Your Link for Long Term Services and Support

315-376-5432

Lowville Commons
7550 South State Street
Lowville, NY 13367
www.nyconnects.ny.gov

Mailing Address: Fax: 315-376-5105
7660 South State Street
Lowville, NY 13367

Contact Persons: Stephen Virckler, Long Term Care Coordinator

Services: Provides assistance to children, parents or elderly people by connecting them to resources that assist with their needs and disabilities.

Eligibility: Anyone with questions or needing assistance in finding disability resources and/or long term care needs.

Hours: Monday – Friday 8:30-4:30, Answering service also available

**NYS Office of Children and Family Services,
Bureau of Early Childhood Services**

**315-423-1202
1-800-732-5207**

SCHOOLS

Beaver River Central School
9508 Artz Road, PO Box 179
Beaver Falls, NY 13305
www.brcsd.org

315-346-1211
Fax: 315-346-6775

Transportation
Copenhagen Central School
3020 Mechanic Street, PO Box 30
Copenhagen, NY 13626
<http://www.ccsknights.org/>

315-3461211
315-688-4411
Fax: 315-688-2001

Harrisville Central School
14371 Pirate Road
Harrisville, NY 13648
<http://www.hcsk12.org/site/default.aspx?PageID=1>

315-543-2707
Fax: 315-543-2360

Lowville Academy and Central School
7668 North State Street
Lowville, NY 13367
<http://www.lowvilleacademy.org/>

Fax: 315-376-1933

Transportation
Elementary School Principal's Office
Middle School
High School Principal's Office
Health Office

315-376-7212
315-376-9005
315-376-9010
315-376-9015
315-376-9007

Transportation

River Valley Mennonite School 315-493-0187
5473 State Route 410
Castorland, NY 13620

South Lewis Central School 315-348-2500
4264 County Road 43, PO Box 10 Fax: 315-348-2510
Turin, NY 13473

www.southlewis.org

Transportation Department	315-348-2590
Information Line-Weather	315-348-2653 (COLD)
Principal's Office/Middle School	315-348-2570
Principal's Office/High School	315-348-2520
Nurse	315-348-2525
Attendance Office/Middle & High School	315-348-2526

RECREATIONAL PLAYGROUNDS/PARKS IN LEWIS COUNTY

Beaver Falls – Beaver Falls Recreation, East Main Street
Constableville - Constableville Rec Center, Main Street
Croghan – Croghan Recreation Park, 9562 Park Drive
Greig – Town of Greig Community Park, 5300 Greig Road
Harrisville – Swings, Springs & Other Things, Church Street
Lowville – Lewis County Fairgrounds, Bostwick Street
Lowville – Veteran’s Memorial Park, Parkway Drive
Lyons Falls – Riverside Park, 6904 Laura Street
Martinsburg – Whetstone Gulf State Park, 6065 West Road
Martinsburg – Whitaker Park, 5836 Whitaker Road

www.whitakerpark.com

Turin – Turin Community Park, Route 26
Watson – Watson Community Park, Number Four Road

Ice Skating

Constableville – Constableville Rec Center, Main Street	315-397-2569
Croghan – Croghan Recreation Park, 9562 Park Drive	315-346-1979
Harrisville – Swings, Springs & Other Things, Church Street	
Lowville – Lewis County Fairgrounds, Bostwick Street	315-376-6528

Lyons Falls – Riverside Park, 6904 Laura Street

315-348-8744

THRIFT SHOPS

Entwined Treasures

315-766-8616

7504 South State Street
Lowville, NY 13367

Hours: Thursday and Friday 10:00-4:00,
Saturday 10:00-3:00

Family Thrift Shop

315-376-4146

5410 Shady Avenue
Lowville, NY 13367

Services: Good used clothing, all sizes, including shoes

Hours: Wednesday, Thursday, Friday 9:30-4:00

Forest Finds

315-348-8119

Forest Presbyterian Church
4109 Center Street
Lyons Falls, NY 13368

Services: All sizes of good used clothing, household goods, etc.

Hours: Tuesday & Thursday 1:00-4:00, Saturday 9:00-12:00

Matthew's Place

315-942-5636

165 Main Street
Boonville, NY 13309

Services: All sizes of clothing and shoes, bedding and a variety of house ware items.

Hours: Wednesday, Thursday, Friday & Saturday 10:00-1:00

Food Pantry: Same hours as the store

Opportunity Knocks Thrift Store

315-376-2981

8255 State Route 812

Lowville, NY 13367

Contact Persons: Shauna Roggie

315-376-8202

Services: Offers a variety of used goods: clothing, household items and furniture. Donations accepted.

Hours: Monday – Friday 9:00-3:00